

Occupation.

Meaning.

Purpose.

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DIRECTOR



VOC REHAB UK
WE GET PEOPLE BACK TO WORK

What is on the menu



Being in suitable work is good for people.

- What is Occupation, Meaning and Purpose?
- Why the need for Vocational Services?
- What does “evidence based” mean?
- How evidence based Vocational Services can help
- Case studies
- Vocational reports
- Vocational case management

UK Department
of Work and
Pensions:

**“A patient may not be well served
in the long term by
medical advice to refrain from work,
if more appropriate clinical
management
would allow them
to stay in work or return to work”**



Occupation.
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Occupation:

Some people may be able / want to return to work

Meaning:

Being in work is meaningful

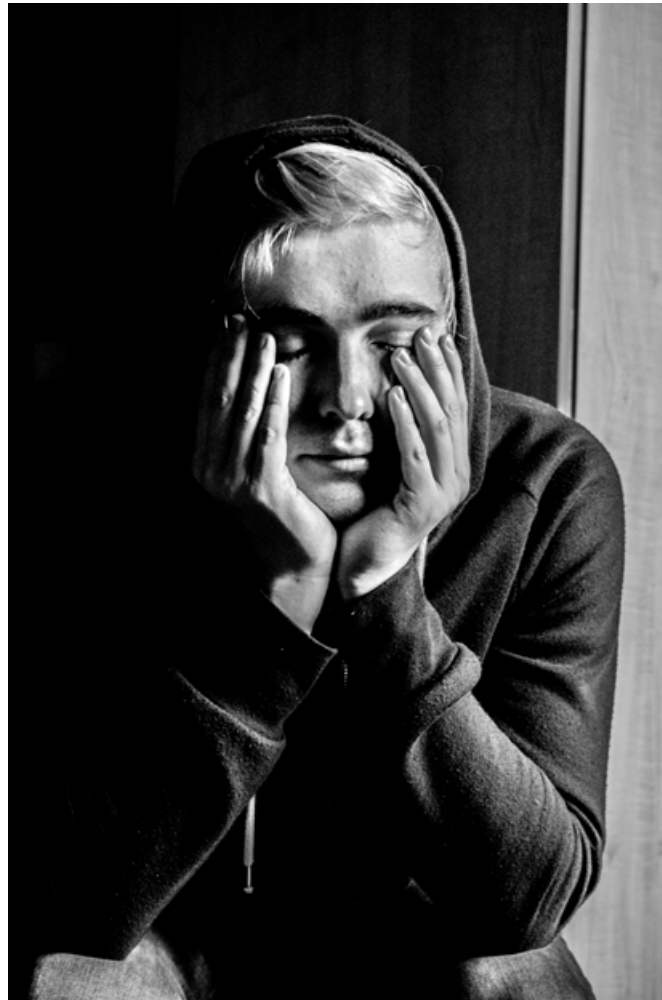
Purpose:

Quality of life



Effect of injury on client

- Identity and self-perception affected
- Limiting negative beliefs



- Consultant: “worst injury ever”
- GP: “You cannot work”

- Relationships affected
- Low fitness levels

- No sense of achievement
- No routines

Timeline



Voc Rehab UK's clients

Who can benefit?

- Unable to return to pre-injury role
- No longer employed
- Unsure what they can and are able to do
- Require return to work planning support



Vocational Rehabilitation:

Role



Function rather than diagnosis

- Functional abilities and limitations
- Capacity for suitable work
- Suitable career types



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Why use vocational assessments?

But most importantly...

“This is the most horrific knee injury I have ever seen”

Traumatic foot amputation

Dominant hand fingers amputation

Cerebral Palsy

Complex Regional Pain Syndrome

Brain injury



Spinal injury

Thumb amputation and great toe to thumb transfer

Fracture



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Evidence based functional approach

Assessments: types

Assessments:

Rehabilitation Assessments (Rehab Code 2015)

Expert Witness Assessments (CPR Part 35)

1. **Functional Performance Screening.** Establishes capacity for work in general or for a specific role
2. **Career Redirection.** Identifies new careers based on skills & experience
3. **Complete Functional Career Profile.** A comprehensive evaluation of both - function & skills

Assessment: Process



- Functional abilities
- Transferable skills
- Occupational profiles
- Interests

- Employment / education history
- Labour Market Analysis
- Young people: Career Preferences Elicitation

Case Study 1

Rehabilitation case: Motorbike accident

- 53 y/o
- Motorbike accident
- Leg injury
- Off work: 2 years



Outcome:

- Career Redirection Assessment
- Vocational case management
- HGV Driver training
- Return to work



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Case Study 2

Rehabilitation case: RTA accident

- 19 y/o
- RTA accident
- Leg, stomach, spine injury
- Off work: 3 years



Outcome:

- Complete Functional Career Profile
- Vocational case management
- Fork Lift Truck Operator training
- Return to work

Vocational Case Management



Bespoke Return to Work Programmes

BACK TO WORK PROGRAMME

Long-term absence: Client is no longer employed

A client knows what type of work they want to do, but is unsure how to go about achieving their career goals. How to support the client in their return to work process?

- CV preparation
- Job interview coaching
- Job seeking methods
- Disability disclosure
- Confidence building

Vocational Case Management



Bespoke Return to Work Programmes

WORKPLACE SUPPORT PROGRAMME

Long-term absence: Client is returning to the same employer

*A client has been absent from their workplace due to injury or illness.
How to facilitate their return to work in a safe and timely manner?*

- Assessing workplace
- Graduated Return to Work Plan
- Employer liaison
- Health Condition Management
- Reasonable adjustments
- Treating practitioners' involvement
- Hands-on support: return to work facilitation

Occupation. Meaning. Purpose: Evidence Based Vocational Rehabilitation

Final word



“Evidence based vocational rehabilitation applies a functional, rather than a medical approach.

This enables to identify suitable work for injured people, based on their *abilities*, rather than their *limitations*, which helps to improve the quality of their life.”

Katya Halsall



Contact



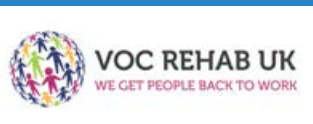
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