# **BASIC & Virtual Reality**

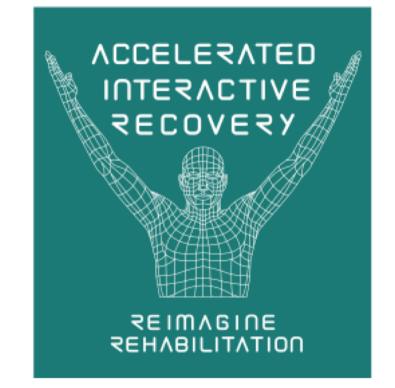
# **Technology**

#### Sylvia Moss Neuro physiotherapist



#### **AIR Project**

CAREN (Computer Assisted Rehabilitation ENvironment)
DynSTABLE (Dynamic STAbility and Balance Learning Environment)
C-Mill(Retrainer for Gait)



#### **CAREN** System

Multi-movement platform base Dual-belt treadmill Force plate 10 motion capture cameras 3 high resolution video cameras 180 degrees screen 4 image projectors

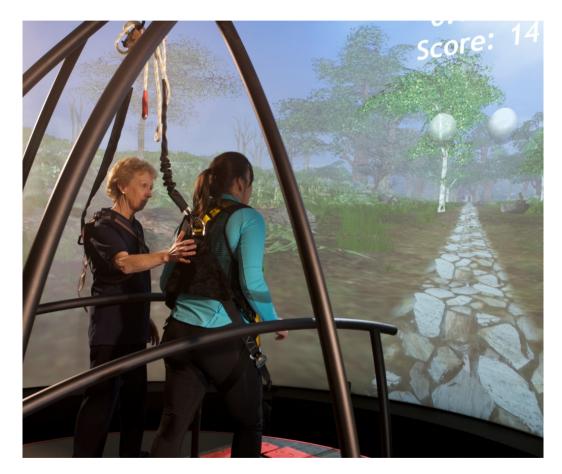
Operated from computer desk Full body harness for users



#### **CAREN** System

Multi-sensory virtual reality system System mimics the virtual environment Variety of applications that combine both physical and cognitive elements Real-time instant feedback for therapists New environments can be developed

Comprehensive full body gait analysis can be completed



#### **DynSTABLE**

Moveable platform base Force plate 4 motion capture cameras Virtual screen 3 image projectors

Operated from touchscreen computer panel Full body harness for users



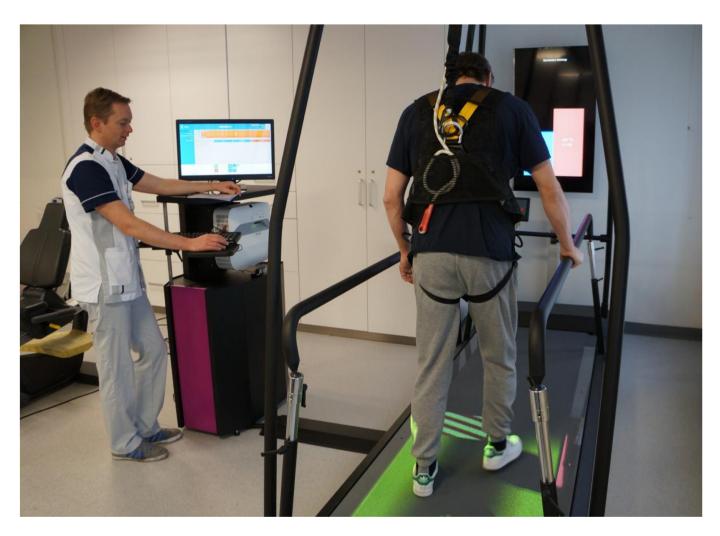
#### <u>C-Mill</u>

A dynamic learning environment to improve walking patterns using an interactive treadmill.

Uses Augmented reality and Virtual reality

Operated from touchscreen computer panel

Full body harness for users



#### Case Study 1. JH

- 31 year old, married has 8 month old daughter. Wife owns Equestrian centre, parents live close by
- Previous veteran Iraq 2007-2011
- Maritime security on discharge from forces 2012-2017
- Last 4 months prior to injury working at home, building horse boxes

#### JΗ

24/8/17 Collapsed whilst working at home

Blue light to PRI, diagnosed AVM, induced coma

Craniotomy-glued AVM

Following surgery significant weakness of left side, peripheral visual field loss on left. Hypersensitivity on left

Unable to mobilise/ sitting/standing balance compromised



# Initial Assessment at BASIC

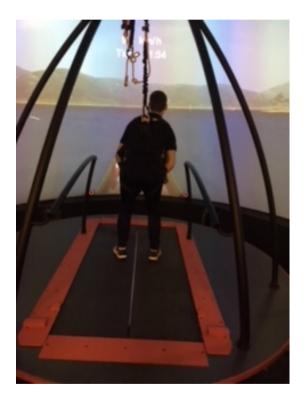
14<sup>th</sup> October 2017 discharged from hospital, attended 1<sup>st</sup> appointment at BASIC on 19/10/17

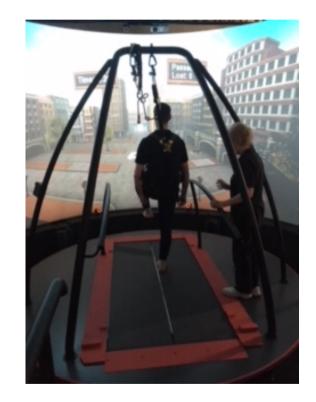
- Independent with mobility, stepping over obstacles reduced, and looking up when walking
- 6 metre walk -4.78secs
- HADS: Anxiety 11 Depression 9: Attention/distraction moderate problem, talking incessantly
- NEADL: 41/88
- Goals: reduce hypersensitivity of left arm
- To return to his work/ to be able to run

#### Intervention

- Hands-on therapy prior to sessions on CAREN/C-Mill
- 18 sessions, attended twice a week
- Applications for balance eg Kite flyer, Maze, City Ride, Boat, Traffic Jam
- Gait training eg Magician Apprentice, Microbes, Rope Bridge
- HEP including squats, jumps
- Advice:- awareness of sensation, cramps, self pacing
- Support for family –Forces Covenant

#### Balance --CAREN





# Comparison 19/10/17-----21/12/17

- Gait-unable to step over obstacles safely
- 6 metre walk: 4.78secs
- NEADL: 41/88
- Limited participation –less than 25% with leisure/social
- Unable to help with work at the Equestrian centre
- Hypersensitivity of left arm
- Left peripheral visual field loss Fatigue ++

- Gait-steps safely over obstacles
- 6 metre walk: 3.72secs
- 6 metre run: 2.15secs
- NEADL: 69/88
- Greater participation in social/leisure
- Now helps out
- Still has sensory issues but deals with them better
- Slight improvement with vision
- Improved in fatigue, better management

# **Client quotes**

- Felt without the support of BASIC and use of CAREN would not be were he is today –the NHS no longer inputting in his rehabilitation
- Achieved his main goal of running again
- August 2018 applying to compete in the Para-Olympic Gamesdressage

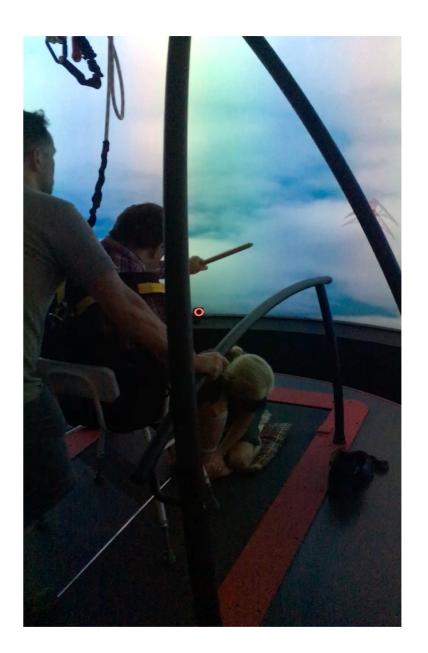
# Cast study 2. R C

- Age 41 years old
- November 1999 RTA affecting right side, speech/behaviour: fully dependent for all cares
- Spent 5 years in specialist unit for ABI –seen daily
- 2005-2006 residential care-behavioural unit
- Last 5 years lives at home with parents with adaptations-initial hoist for transfers.
- Private physiotherapist / PA daily

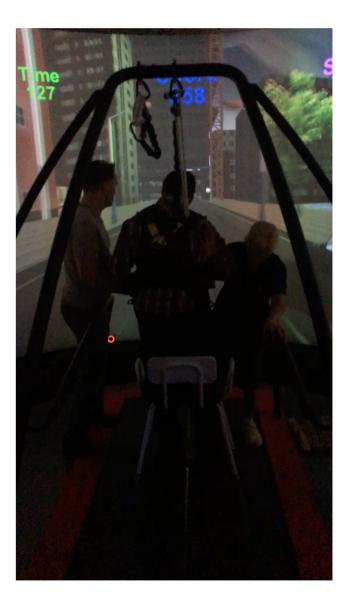
# Initial assessment-13/6/2018

- Wheelchair dependent-independent sitting compromised
- Poor postural control-Sit-std assist. Of 2
- Left side-UL/LL Grade 4
- Right UL prox Grade 2-0 distal contractures elbow
- Right LL Grade 2+ prox-Grade 1 distal
- NEADL 28/88
- Commence CAREN 2/7/2018

# CAREN



# CAREN



RC



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air@basiccharity.org.uk

0161 707 6441

07802 600 220